ABOUT THE COURSE:

Living with a chronic or advanced staged illness poses a serious threat to the psychological and emotional states. In the Asian culture, death and dying are taboo topics, not to be discussed in public. Many patients might deal with the fears, worries and anxiety alone, for fear of upsetting their family and friends. Indeed, these people need a safe place for honest expression and discussion on topics around death and dying.

This workshop will introduce the participants to a playful intervention tool that can facilitate candid and meaningful reflections and discussions on end of life issues. My Wonderful Life (MWL) board game is designed specifically for the Asian culture with emphasis on guiding players to conduct their life review, help them gain self awareness, a sense of accomplishment and continuity, and in the process they can come to terms with their mortality. Another component of the MWL board game includes teaching simple meridian point massage and breathing techniques to the players.

WHO SHOULD ATTEND:

The course is targeted at Social Workers and all helping professionals in Palliative, End-of-Life and Bereavement care.


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TOPICS COVERED IN THIS COURSE:

1. Needs of Patients in Palliative Care
2. Theoretical framework of MWL board game
3. Use of game play to engage adults
4. Strategies and skills in facilitating expression, life review and completing unfinished business.

ABOUT THE TRAINER:

Dr. Alicia Pon has been a child psychotherapist and social worker for over 20 years. Her professional training is in General Psychology, Child and Adolescent Mental Health, Play Therapy, Sandplay Therapy, Somatic Experiencing®, Grief Counseling and Social Work.

For the last 16 years, Dr. Pon was based in Hong Kong, and worked and managed her private practice at full capacity. Her clinical experiences and specializations include divorce & separation, grief & loss, complex trauma, adoption & attachment, developmental stresses, and parent-child relationship.

Dr. Pon was on staff and served as an Honorary Assistant Professor with the University of Hong Kong and Hong Kong Shue Yan University. She lectured and supervised undergraduate and post graduate students in the areas of counseling and psychotherapy, grief and loss, child and adolescent mental health, play therapy and social work. At present, Dr. Pon serves as a Senior Lecturer with National University of Singapore. In addition, Dr. Pon has been involved in the research on Somatic Work, Psycho-oncology, Play Therapy and End of Life in the University department.

CPE CREDITS:

Course participants are eligible for Continuing Professional Education (CPE) credits with the Singapore Association of Social Workers (SASW). One CPE credit will be awarded for each contact hour. Approval of CPE credits are to be submitted through the CPE Log Book under each accredited professional’s account.

COURSE FEES AND DISCOUNTS*:

<table>
<thead>
<tr>
<th>Description</th>
<th>After GST</th>
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<tbody>
<tr>
<td>Full course fees:</td>
<td>$802.50</td>
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<tr>
<td>Early bird sign up 15% discount (register and pay by 31 August):</td>
<td>$683</td>
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<tr>
<td>Group sign up 15% discount (3 or more from the same organisation) :</td>
<td>$683</td>
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<tr>
<td>NUS Alumni 20% discount:</td>
<td>$642</td>
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*Discounts cannot be combined


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