ABOUT THE COURSE: Play Therapy is an evidence-based psychological treatment for a wide range of child mental health difficulties. In this introduction, the participants will experience key aspects of play therapy practice. They will gain an understanding of:

1) The play therapy process;
2) The therapeutic relationship;
3) How children communicate through the use of symbols and metaphors, and how to facilitate and encourage such communication;
4) How change is promoted through attending and facilitating child's communication through play.

ABOUT THE TRAINER: Dr. Alicia Pon has been a child psychotherapist and social worker for over 20 years. Her professional training is in General Psychology, Child and Adolescent Mental Health, Play Therapy, Sandplay Therapy, Somatic Experiencing®, Grief Counseling and Social Work.

For the last 16 years, Dr. Pon was based in Hong Kong, and worked and managed her private practice at full capacity. Her clinical experiences and specializations include divorce & separation, grief & loss, complex trauma, adoption & attachment, developmental stresses, and parent-child relationship.