Introduction to Sandtray Therapy

ABOUT THE COURSE: The therapeutic use of sand has been used around the world since 1930. It has been found to be very effective in providing a non-verbal means for expressing, healing and transforming from struggles and challenges. This introduction provides the participants with a basic understanding of the theory and practical skills behind the use of Sandtray in working with their clients. Through case discussion and experiential learning, participants will be guided in:
1) setting up the sandtray therapy,
2) selection of miniatures,
3) expanding observation and inquiry skills, and abilities to track the sand play process,
4) providing guidelines to conduct the sandtray therapy session.

ABOUT THE TRAINER: Dr. Alicia Pon has been a child psychotherapist and social worker for over 20 years. Her professional training is in General Psychology, Child and Adolescent Mental Health, Play Therapy, Sandplay Therapy, Somatic Experiencing®, Grief Counseling and Social Work.

For the last 16 years, Dr. Pon was based in Hong Kong, and worked and managed her private practice at full capacity. Her clinical experiences and specializations include divorce & separation, grief & loss, complex trauma, adoption & attachment, developmental stresses, and parent-child relationship.

JOIN US
Date: 19 - 20 June 2017
Trainer: Dr Alicia Pon
Venue: NUS
Course Fees: $1284 (Incl GST)

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